

Clean Hands Save Lives! Are Yours Clean?

5

Moments for Hand Hygiene



1. Before Patient Contact

WHEN? Clean your hands before touching a patient.
EXAMPLES: Examinations, helping a patient to move, checking name bands.

2. Before an Aseptic Task

WHEN? Clean hands before and after an aseptic task.
EXAMPLES: Oral care, secretion aspiration, wound care, catheter placement, patient feeding, medication administration.

3. After Body Fluid Exposure Risk

WHEN? Clean your hands immediately after an exposure to a bodily fluid and after removing gloves.
EXAMPLES: After contact with any bodily fluids to include urine, saliva, sputum, feces, blood, etc..

4. After Patient Contact

WHEN? Clean your hands after any patient contact.
EXAMPLES: After activities of daily living, handling of a patient's personal effects, after positioning a patient for an exam or procedure.

5. After Contact with Patient Surroundings

WHEN? Clean your hands after you have had contact with a surface that a patient may have touched.
EXAMPLES: After cleaning up the patient's bedside and over bed table, making up the bed, moving wheelchairs or walkers.