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IN FLANDERS FIELDS

by John McCrae

In Flanders fields the poppies blow
Between the crosses, row on row,
That mark our place; and in the sky
The larks, still bravely singing, fly
Scarce heard amid the guns below.

We are the Dead. Short days ago
We lived, felt dawn, saw sunset glow,
Loved and were loved, and now we lie,
In Flanders fields.

Take up our quarrel with the foe:
To you from failing hands we throw
The torch; be yours to hold it high.
If ye break faith with us who die
We shall not sleep, though poppies grow
In Flanders fields.



DUNDAS MANOR NOVEMBER 2025





From the Administrator’s Desk...

Happy November one and all! I am proud to share our results of the 2025 Resident and Family Satisfaction Survey with all of you (see separate insert). We are humbled at the comments and feedback we received **95%** overall satisfaction!

Thank you for your confidence in our home. We also received comments and areas to work on... and we are already doing just that! If you have any other comments or feedback on our results, feel free to reach out to me. I will be sharing the results with our Residents’ Council, our families in this newsletter, our staff and lastly will present results to our volunteer Board of Directors.

November is always a solemn month of reflection as we remember all those who have served or are serving in our Armed Forces. The poppy is a symbol of Remembrance Day, and I know I am proud to wear mine.

With my thanks for all your support,

Sincerely, Susan Poirier

**FAMILY ENGAGEMENT AND EDUCATION
ZOOM MEETINGS THIS MONTH!**

We host **2** virtual sessions: Monday, Nov 24th, 2025, at 2:00pm and 5:30pm

Zoom link sent by email

July 1st – September 30th, 2025, HAND HYGIENE MOMENTS

Moment of Hand Hygiene	% of moment done properly	# of measured moments
Before RESIDENT/ENVIRONMENT	91.6%	142/155
Before ASEPTIC PROCEDURE	100%	7/7
After BLOOD/BODY FLUIDS	94.7%	18/19
After RESIDENT/ENVIRONMENT	92.7%	114/122
TOTAL MET	92.7%	281/303

Update from the Dietary Department

In the month of October, the residents enjoyed two special meals. The first was the traditional Thanksgiving dinner. The second meal the residents enjoyed was our Annual Harvest Supper which was a roast beef dinner with all the trimmings. The new menu cycle started on Monday, October 27th with some new menu ideas that the residents have chosen. This month the dietary team will meet with the residents to discuss how the new menu is going and what special treats everyone would like to enjoy over the holiday season.

COOKING with STACEY

Baked Eggs in Butternut Squash Rings

- ✚ 1 large butternut squash
- ✚ Extra-virgin olive oil
- ✚ Kosher salt
- ✚ Freshly ground black pepper
- ✚ 6 eggs
- ✚ 1/2 cup freshly grated Parmesan cheese
- ✚ Fresh sage for garnish

1. Preheat the oven to 425 degrees. Line a rimmed baking sheet with parchment paper. Wash the squash and cut crosswise into six 3/4- to 1-inch slices. Scoop out the seeds and hollow out the middle of each slice to allow room for an egg.
2. Arrange the squash on the baking sheet and brush each ring with olive oil inside and out, then season with salt and pepper. Bake on the center rack of the oven for 20 minutes, until the squash has softened. Remove the baking sheet from the oven and gently crack and slide 1 egg into the center of each squash ring. Season with salt and pepper, drizzle with olive oil, and return to the oven. Bake about 8 minutes, until the egg whites are set and the yolks are firm but not fully set.
3. Use a spatula to slide the squash rings onto plates. Top with Parmesan, garnish with fresh sage, and drizzle with olive oil.

Stacey Williams, Nutritional Manager

Last month we celebrated our volunteers. We treated them to homemade apple crisp from the Anglican church ladies and an afternoon of fellowship and information sharing. You can search far and wide...you will not find better volunteers than ours ♥

November is the month in which we pause to remember. Remember how we came to have our freedoms. In this world of ours, it more important than ever to take time to reflect and remember those who have served and continue to serve our country. Over the past few years, I have determined it is equally important to not only remember, but to learn. There is much to learn about past wars, and the times that followed as well as what currently is happening and how our country stands strong in difficult times. Our service will be at 10:15 and then we will have Parliament Hill on the TV's for residents to watch. We will Remember. ♥

Later in the month we will transform our home as we make it a warm cozy place for the Holiday Season. We thought it might be fun as we celebrate our last Christmas in this location; to have a bit of a throwback to the 70's when the Manor opened. You may see some fun programs that embrace that 70's feel. Stay tuned for all the planned events. We had resident and staff input, and we want to make it fun and welcoming for all. ♥

On October 14th we will have a discussion group around Diabetes as it is World Diabetes Day. Activity team member Jennifer VanBridger has lived with Diabetes since she was a child. Jen will share with us some of her journey and the advancements in health research that have saved many lives. ♥

Before I wrap up, I want to express my gratitude to all who supported our Cozy Country Bazaar and Tea Room. Since the beginning, our home has hosted a Bazaar and Tea, and this one did not disappoint. We raised just over \$3100.00! Almost the exact amount as last year. This isn't possible without my activity team, our volunteers, our Manor staff, our families and our dear residents. The money raised goes to our Activity and Residents' Council funds. Special shout out to Hennie Joldersma for the large assortment of quality donations, and Dianne Lee for her contributions with so many lovely items. To one and all who supported, attended and cheered us on! We love you! ♥

I remain proud to be your Activity Director,

Jennifer Hill



Gloria Q
Germaine D



Margaret M
Lola A
Lorraine M
Betty K



NOVEMBER BIRTHDAYS

RITA C 94 years young
IVA S 92 years young
MARJ T 94 years young

November Birthstone

•Citrine•



The first uses of **citrine** in jewellery can be dated back to the Hellenistic Age (323-280 BC) in Greece. At one time it was used as a talisman against alcoholism, evil thoughts, overindulgences, scandal, libel, and treachery. Some also carried it as protection against plagues, epidemics, as well as venomous snake and reptile bites.

NOVEMBER BIRTH FLOWER

Chrysanthemum

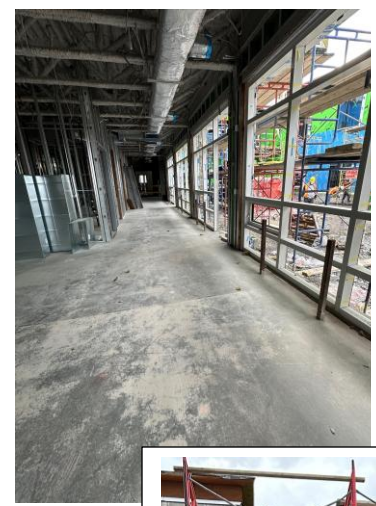


LOYALTY
JOY
LONGEVITY

REDEVELOPMENT UPDATE



- ✚ Drywalling continues throughout the home with increased number of drywall personnel on site
- ✚ All kitchen equipment has arrived and in storage for installation later
- ✚ Elevators are expected to arrive mid-November
- ✚ Generator will be installed mid fall
- ✚ Stonework and brick work continues for the exterior of the building



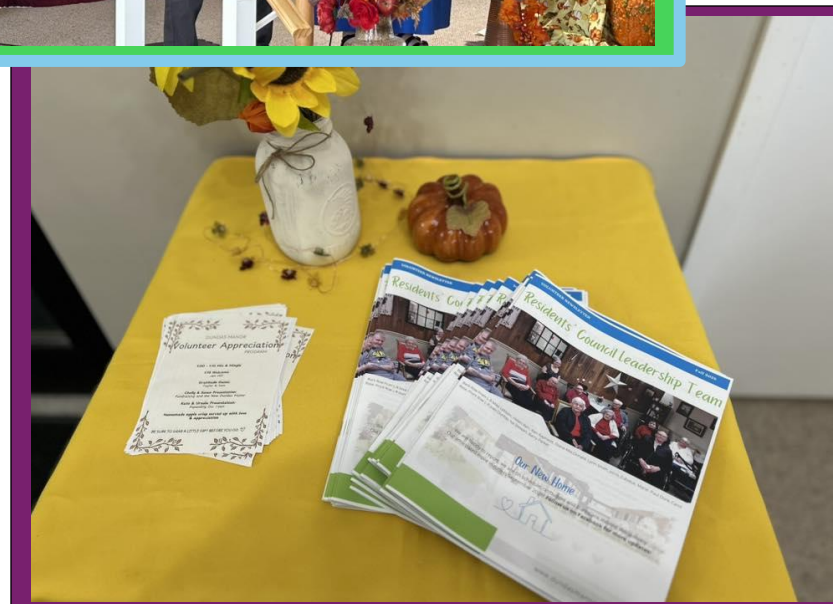
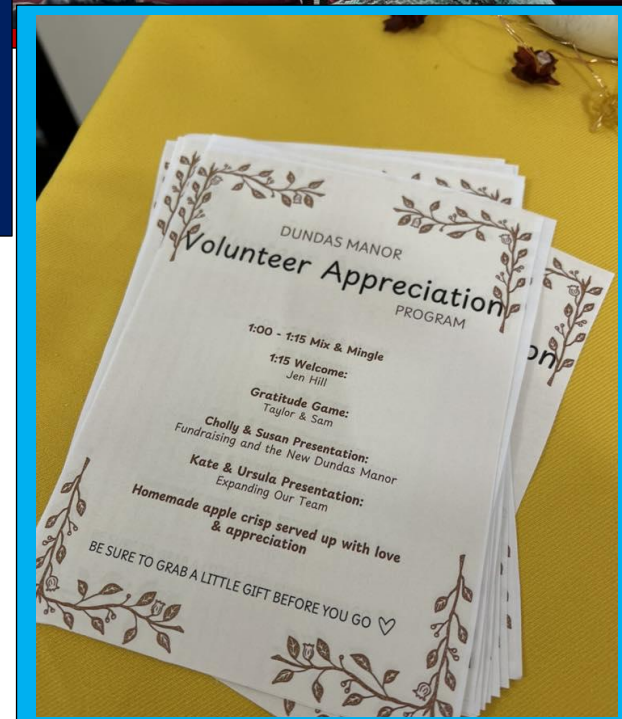
Thank you one and all! Our Cozy Country Bazaar was a resounding success. Special thank you to the volunteers and staff who prepared crafts, baking and assorted items for the event.

The Bazaar raised **\$3180** for our Residents' Council and Activity Fund!

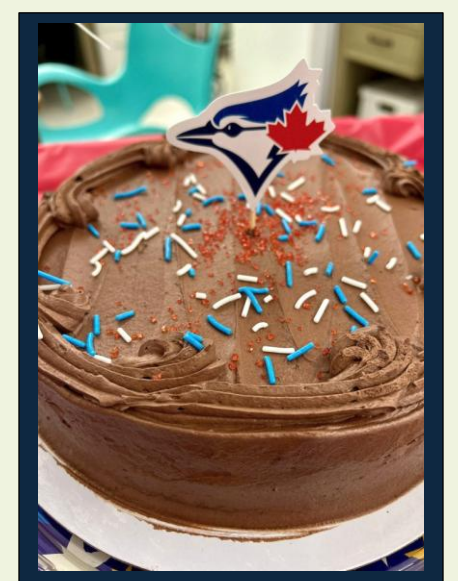
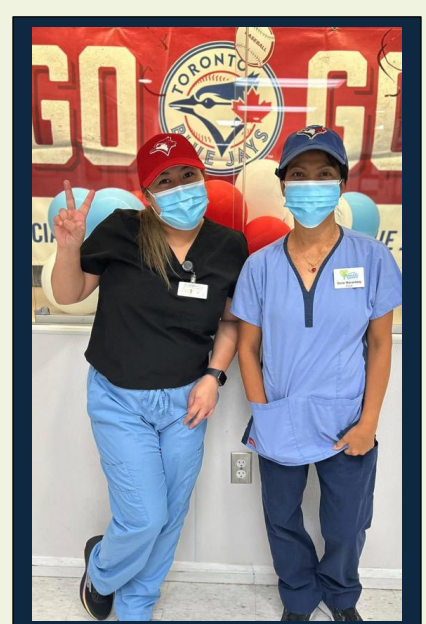
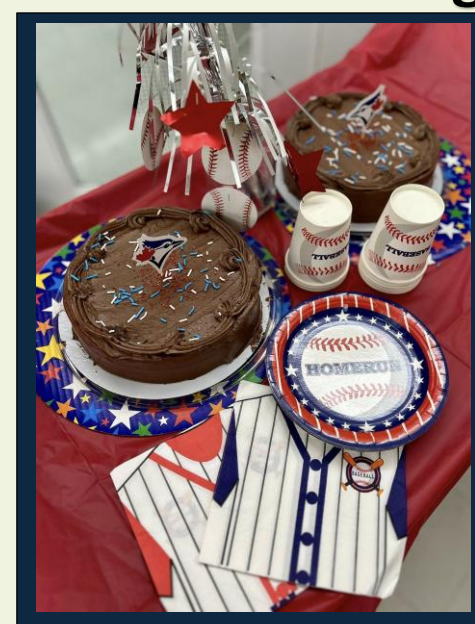


Volunteer Appreciation!

THANK YOU
Volunteers



Celebrating **Baseball** and the **Toronto Blue Jays** moving on to the World Series!



November 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 10:15am Calendar Change 2:00pm Bingo 3:45pm Montessori
2	3	4	5	6	7	8
10:30am Church with Alexandre Grondin 2:00pm Sharing Christmas Ideas 3:45pm 1 to 1 Visits Daylight Savings 	10:15am Pet Visits with Louise and Coco 2:00pm Len Goldfarb Performs 3:45pm Travelling Trivia	10:15am Bingo 2:00pm Tuesday Tea 3:45pm 1 to 1 Visits	10:15am RESIDENTS' COUNCIL MEETING 2:00pm Strength and Stretch 2:00pm Special Care	10:15am Anglican Communion 2:00pm Music with Cholly 3:45pm Hometasks 6:30pm "Murder She Wrote" Show and Discussion Group	10:30am R.C. Communion 2:00pm Ice Cream Cart 3:45pm Jewellery & Eye Glasses cleaning	10:15am Bingo 2:00pm Poppy Craft 3:45pm Montessori 
9	10	11	12	13	14	15
9:00am Anglican Church Service Outing 3:45pm 1 to 1 Visits	10:15am Library Visit with Jen & Joan 2:00pm Bowling 3:45pm Travelling Trivia 6:30pm Baking for Tea	10:15am Remembrance Day Service 2:00pm Why We Wear A Poppy 3:45pm 1 to 1 Visits Hearing Aid Clinic	10:15am Strength and Stretch & Cozy Home 2:00pm Roxy Swan Performs	10:15am Songs and Praise 2:00pm Music with Cholly 3:45pm Hometasks	8:00am Breakfast Club 1:30pm Let's Learn about Diabetes 3:45pm Jewellery & Eye Glasses cleaning	10:15am Let's Read Together 2:00pm Bingo 3:45pm Montessori
16	17	18	19	20	21	22
10:30am Church with Don Z 2:00pm Dave Hawkins Performs 3:45pm 1 to 1 Visits	10:15am Pet Visits with Louise and Coco 2:00pm Jumpin' Jimmy Performs 3:45pm Travelling Trivia	10:15am Pet Visits with Beth and Cody CHRISTMAS DECORATING 	10:15am Strength and Stretch & Cozy Home 2:00pm Tree Trimming Parties	10:15am Church with Rev. Ed Charlton 2:00pm Music with Cholly 3:45pm Hometasks 6:30pm Bingo	10:15am A Time to Sew 2:00pm Chair Yoga 3:45pm Jewellery & Eye Glasses cleaning	10:15am Bingo 2:00pm Afternoon Movie 3:45pm Montessori
23	24	25	26	27	28	29
10:30am Prayer Circle 2:00pm Spot the Difference 3:45pm 1 to 1 Visits	10:15am Chit Chat with Sam and Taylor 2:00pm Spa on the go 3:45pm Travelling Trivia 6:30pm Baking for Tea	Program Plan Meeting 2:00pm Tuesday Tea with John and Carol 3:45pm 1 to 1 Visits 	10:15am Strength and Stretch & Cozy Home 2:00pm November Birthday Party with Spencer Scharf Performing	10:15am Church with Rev. Blair Paterson 2:00pm Music with Taylor 3:45pm Hometasks 6:30pm Bingo	10:15am Let's Read Together 2:00pm Tuck Cart 3:45pm Jewellery & Eye Glasses cleaning	2:00pm Bingo 3:45pm Montessori 6:30pm Saturday Night at the Pub 
30						
10:30am Church Joel Vedder 2:00pm Java Music 3:45pm 1 to 1 Visits						